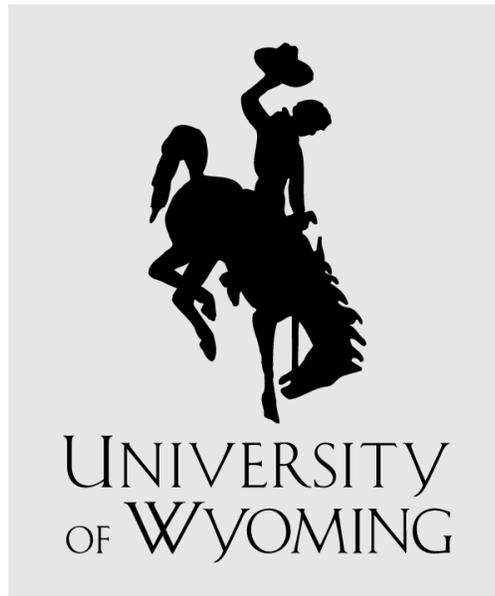


University of Wyoming



**Drug Free Schools and Campuses Regulations
[Edgar Part 86] Biennial Review: Academic Years
2020-2021 & 2021-2022**

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2022 Biennial Review – Drug Free Schools and Campuses Act

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University of Wyoming

2022 Biennial Review

Executive Summary

The current copy of this document was prepared and finalized by the Coordinators of the AWARE Program and HOPES Program (Jason Svare M.S. LPC and Aleah Biertzer, M.Ed. respectively) during the Fall 2022 semester. The following document contains a review of the University of Wyoming campus in regard to the Drug Free Schools and Campuses Regulations [Edgar Part 86] for the 2020-2021 and 2021-2022 Academic Years. Data was collected and assessed through various data reports such as the NCHA, Foundry/Everfi, as well as user reports. The authors utilized previous drafts of the document from prior academic years, keeping relevant information, as well as adding new information and removing obsolete or outdated information. The following is a review of the AWARE Program and the HOPES Program, as well as a review of the campus-at-large as pertaining to the Drug Free Schools and Campuses Act. The Biennial Review report is housed in the AWARE office and the HOPES office. It is also shared with the Vice President of Student Affairs, the Dean of Students, and UW General Counsel.

Introduction to Campus

The main campus of the University of Wyoming (UW) is located in Laramie, WY. The population of Laramie, WY is 32,473 (2018, United States Census Bureau) and has an average elevation of 7,220 feet. As of Fall 2022, total enrollment was 11,100 students (8,518 undergraduate, 2,582 graduate). Wyoming residents make up 66.6% of the student population (7,393 total students), while the remaining 33.4% (3,707) are non-residents. The table below offers a breakdown of student ethnicity (Fall 2019), obtained from www.uwyo.edu/diversity/today.

International	623 (5.1%)	Asian	147 (1.2%)
Hispanics of any race	716 (5.8%)	Native Hawaiian or Other Pacific Islander	11 (0.1%)
American Indian or Alaska Native	73 (0.6%)	Two or More Races	482 (3.9%)
Black or African American	129 (1.1%)	White	8,814 (72%)
		Race and ethnicity unknown	1,254 (10.2%)

There are 6,335 female students and 5,194 male students.

Brief History of the Drug-Free Schools and Campuses Regulations [Edgar Part 86] at the University of Wyoming

UW's alcohol and drug abuse prevention programming was initiated in 1989 prior to the passage of the Drug-Free Schools and Communities Act-Drug-Free Schools and Campuses Regulations. Part 86, the Drug-Free Schools and Campuses Regulations (DFSCR), which requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education (IHE) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. If audited, failure to comply with the Drug-Free Schools and Campuses Regulations may cause an institution to forfeit eligibility for federal funding.

In order to certify its compliance with the regulations, the UW had to adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Under the direction of the University Counseling Center (UCC) and Interim Director, Fuji Adachi, the *Drug Education Resource Center* (DERC) was created to comply with the DFSCR. Additionally, a full-time addictions counselor, Cheryl Courtney, M.S., was hired to coordinate the campus efforts as well as provide alcohol and other drug abuse intervention services. Creating a program that complies with the regulations requires an IHE to do the following:

1. Prepare a written policy on alcohol and other drugs.
2. Develop a sound method for distribution of the policy to every student and IHE staff member each year.
3. Prepare a biennial review report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.
4. Maintain its biennial review report on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

The Drug-Free Schools and Campuses Regulations require at a minimum that each institution distribute the following in writing to all students and employees annually:

1. Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on school property or as part of any school activities
2. A description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
3. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol

4. A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students
5. A clear statement that the institution will impose sanctions on students and employees (consistent with local, state, and federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct

The law further requires an institution of higher education to conduct a biennial review of its program:

- To determine its effectiveness and implement changes if they are needed
- To ensure that the sanctions developed are enforced consistently

The Drug Free Schools and Campuses Regulations act as minimum standards of practice for the UW. Though UW subscribes to these minimum standards, there has also been a great deal of additional programming put into place to enhance the alcohol and other drug abuse education, prevention/intervention, enforcement, and assessment activities. Under the direction of the DERC Coordinator, two Graduate Assistantships (GAs) and a number of work study positions were created to deliver alcohol and other drug abuse prevention educational programs to mandated students, student groups, as well as presenting in academic classes. Additionally, DERC established "The Outpost," an office and consultation center located in the Washakie Center of the Residence Halls. The outpost was staffed part-time by a GA and a number of work-study students to act as a drop-in center as well as being available to students who were referred to DERC through campus magistrates.

History of the Department

In 1990, with direction from UCC Director Dr. Andrew Turner and Ms. Courtney, DERC applied for and obtained a multi-year FIPSE (Fund for the Improvement of Post-Secondary Education) grant, giving approximately \$250,000.00 over three years for peer education, materials, and prevention programming activities. Following the FIPSE grant in 1992, the DERC office approached the Associated Students of UW to request a Drug Education fee of \$2.00/student per semester in order to maintain the drug and alcohol prevention programming initiated under the FIPSE grant. The fee was approved and DERC continued its prevention and intervention activities.

In 1997, Ms. Courtney left UW and the position of coordinator was shifted to Ralph Castro, a former GA for DERC. Mr. Castro eliminated the individual counseling/treatment component of DERC, instead focusing primarily on prevention activities. On September 21, 1998, President Philip L. Dubois announced a philosophy for Alcohol-Related Policies/Practices at UW. In this document, President Dubois highlighted recommendations for campus programming based upon a belief that

"our emphasis should be upon the promotion of the responsible use of alcohol, not prohibition. Further, to the extent possible, we should encourage the use of alcohol to take place in locations and under conditions that we can monitor. Finally, we should employ approaches that involve our students in helping to solve the specific problem of binge drinking, particularly with respect to practices engaged in by local distributors and establishments that either encourage it or fail to discourage it," (President Dubois, 1998).

Pursuant to this philosophy, then Vice-President of Student Affairs, Dr. James Hurst, and then Coordinator of the University Wellness Center (UWC) and Drug Education Resource Center (DERC), Ralph Castro, drafted an Implementation and Action Plan which provided a framework for a comprehensive alcohol and drug education program at UW.

Throughout the 1999-2000 Academic Year, the newly established UWC continued its operations, under the part-time lead of Eric Alexander. The UWC continued to subsume the DERC operations and reported

to the Director of the Wyoming Union, Bill Fruth. A nationwide search was undertaken under the supervision of Bill Fruth and Dr. James Hurst, during the Fall semester of 1999 in an effort to fill the Coordinator position left vacant by Ralph Castro. In August 2000, Mr. Alexander accepted a full-time position as Coordinator.

In the fall of 2000, DERC supervision moved under the Director of the UCC/Dean of Students and maintained a collaborative relationship with the Recreation Department. The DERC Office was maintained by one full-time staff contributing 50% time to DERC and 50% time to the UWC; and two GAs, each providing 18 hours per week. Following the fall semester of 2000, one GA was reassigned leaving one full time GA. The DERC office was located in 107 Half-Acre Gymnasium until July 1, 2001 when the office moved residence to 344 Knight Hall. Following the end of the fiscal year, DERC was renamed the Alcohol Wellness Alternatives, Research & Education Program, and shall be referred to as the AWARE Program or AWARE from here on.

On July 1, 2001, AWARE officially transitioned under the supervision of the Director of the UCC and moved to a new location in the UCC Offices in Knight Hall. Since that time, the AWARE Office was maintained by one full-time Coordinator and one GA, providing 18 hours per week. In May 2005, Mr. Eric Alexander left the AWARE Program and UW and was replaced after a national search in October 2005 by Lena (Edmunds) Newlin, M.P.H., C.H.E.S.

Under Ms. Newlin's leadership, the AWARE Program grew to include four GA's housed in the UCC, one of which was funded by Residence Life & Dining Services. Each GA provides approximately 18-20 hours of individualized and group alcohol education and assists with other AWARE Program initiatives.

AWARE has received numerous prestigious awards in the past several years for our work in the area of alcohol abuse prevention. These include a "Model Program" award from the U.S. Department of Education in 2008, an award in 2009 from the Governor of Wyoming for the Prevention and Education of Impaired Driving, a "Silver Excellence" award from NASPA in 2009 and 2010, and a "Presidential Leadership" award from Outside the Classroom, Inc., also in 2010. As part of the Model Program award in 2008, we received a \$125,000 grant to assist with the enhancement and evaluation of the program. As part of the 2010 Presidential Leadership Award, UW received a \$20,000 donation, which was imparted to the AWARE Program by President Buchanan. The funds were used to purchase a three-year subscription to Student Health 101, an online health and wellness magazine that is disseminated to all UW students once a month.

In 2015, Ms. Newlin vacated the position of AWARE Program Coordinator to assume a new role as the Assistant Director of Wellness and the newly reintroduced University Wellness Center (UWC). After a nationally conducted search, Dr. Monica Keele DVM MPH accepted the position as the AWARE Program Coordinator.

In July 2019, Dr. Keele left UW and a nationwide search was conducted to fill the position of AWARE Program Coordinator. At the conclusion of this search, Jason Svare M.S. PPC was hired and assumed the role of AWARE Program Coordinator in September 2019. During the preceding Academic Year prior to Mr. Svare's hire UW, following the current best-practice of the field, began to transition the role of the AWARE Program and started developing the newly established 'Healthy Options for the Prevention and Education of Substances' (HOPES) Program. After conducting a nationwide search under the supervision of Lena Newlin, Aleah Biertzer M.Ed. was hired to fill the role of HOPES Program Coordinator and assumed the role in November 2019. The AWARE program continues to be housed under the UCC, whereas the HOPES program is housed in the UWC located within Campus Recreation.

Since its inception, AWARE has grown from an intervention and one-to-one counseling-based program to a nationally recognized comprehensive prevention/intervention program operating at the individual,

campus, community, and state levels with additional ties to national programs and practices. Overall, AWARE continues to grow and adjust to advances in research and best practices and will continue to develop on the UW campus. An example of this continued development is the creation/ development of the HOPES Program. Since the establishment of the HOPES Program, the role of the AWARE Program has shifted to focus primarily on individual education and intervention, and upstream prevention efforts on the UW campus community have transitioned to the HOPES Program. While the two programs serve separate and distinct functions, the AWARE Program Coordinator and the HOPES Program Coordinator (Mr. Svare and Ms. Biertzer, respectively) work in tandem to ensure consistent messaging and prevention efforts across the UW campus.

In May 2022, Ms. Newlin resigned as the Assistant Director of Wellness. In the same month, Jennifer Knerr, MS, LAT, ATC was promoted to Assistant Director of Wellness. Previously, Ms. Knerr worked for UW Campus Recreation and Wellness Center for five years as the Head Athletic Trainer.

Program Inventory and Assessment

Programs and Services

Based on recommendations from the National Institute on Alcohol Abuse and Alcoholism (NIAAA) Task Force on College Drinking (NIAAA, 2002), the AWARE and HOPES Programs reflects current, theory-based best practices. Consequently, the AWARE and HOPES Programs direct services at three populations: 1) the individual student; 2) the student population as a whole; and 3) the surrounding community.

AWARE and HOPES structure services and activities around the NIAAA 4-Tier System, a leveled system that describes the probable effectiveness of prevention and intervention strategies within the 3-in-1 Framework. Both programs integrate a host of strategies from the four tiers to provide an integrated and comprehensive effort in reducing underage and excessive alcohol consumption. Specifically, Tier 1 strategies have been found to be effective strategies for addressing alcohol consumption issues in college populations (D'Amico & Fromme, 2000; Larimer & Cronce, 2002; Marlatt et al., 1998). These strategies include approaches and intervention such as Motivational Interviewing, Alcohol Skills Training Program, and Cognitive-Behavioral Skills Training. Tier 2 strategies are strategies that have been observed to be efficacious in the general population, and, although not specifically evaluated with university students, are likely to be effective with university students (Hingson et al., 1996b; Holder et al., 2000; Saltz & Stangetta, 1997). Tier 2 strategies comprise of activities such as enforcement of minimum drinking age laws, restrictions of alcohol retail density, and increases of price and taxes on alcohol products. Tier 3 strategies are activities that have strong logical and theoretical support but have yet to be comprehensively evaluated (Berkowitz, 1997; DeJong & Langford, 2002; Clapp & McDonnell, 2000). These strategies include activities such as regulation of happy hours, provision of "safe ride" programs, social norming campaigns, and informing new students about alcohol policies and penalties. Tier 4 strategies have not been found to be effective when applied alone (Larimer & Cronce, 2002). However, Tier 4 strategies used in conjunction with a multi-modal approach may bolster other strategies and provide additional effectiveness. Tier 4 strategies include informational and knowledge-based activities, such as provision of materials detailing the health risks of alcohol consumption.

A more detailed explanation of AWARE's and HOPES' services are outlined below.

AWARE Services

The AWARE Intervention Program seeks to promote personal wellness by helping students make informed decisions and healthy choices about the use of alcohol and other drugs. The AWARE Intervention Program targets students who have received an alcohol- or marijuana-related citation or warning on the UW campus or within the city of Laramie. These citations or warnings are typically for underage possession or consumption of alcohol, driving while under the influence of alcohol, open container, or possession of marijuana. Student referrals to the AWARE Intervention Program come from various sources including the Laramie Municipal Court, Albany County Circuit Court, the Dean of Students Office, the UW Athletic Department, and Residence Life at UW. Students who are referred to the AWARE program participate in the program to fulfill academic or court-mandated sanctions. A flowchart of the process of going through AWARE can be found in Appendix C.

HOPES Services

Similar to the AWARE program, the HOPES program seeks to promote holistic well-being by helping students make informed decisions and healthy choices about the use of alcohol and other drugs. The HOPES program promotes wellness through the coordination of substance misuse primary prevention efforts, program development, and policy issues, and primarily works on the campus and community levels. At the campus level, AlcoholEdu for College is administered to all incoming first-year students and transfer students with less than 60 full credit hours. If students fail to complete Part 1 of this course by the specified deadline, as well as Part 1 of the Sexual Assault Prevention for Undergraduates (SAPU) course and Part 1 of Mental Well-Being for Students, a registration hold is applied to their account. This prevents students from registering for their next semester's classes until they complete the requirement. Additionally, during Cowboy Connect, a transitional program for incoming students at the beginning of Fall semester, the bystander intervention program 'Step Up!' is offered. While 'Step Up!' focuses on bystander intervention skills in general, we do talk about what that looks like in a situation where alcohol and/or other drugs are present. Other campus services include the Healthy Poke Patrol, the administration of NCHA, and Alcohol Use Disorders Identification Test (AUDIT) and Cannabis Use Disorders Identification Test (CUDIT) Assessments at tabling events and health fairs. At the community level, the HOPES Program coordinates and convenes university members and community members in a campus-community coalition called A-Team. Furthermore, The HOPES Program Coordinator is a member of various campus and community coalitions including the LifeSavers Coalition, Albany County's Coalition to Prevent Suicide and Substance Abuse, and Laramie's Town-Gown Association.

As a part of the UWC, the HOPES program utilizes a holistic approach to substance use prevention. While there are services HOPES offers that directly discuss the health risks and other challenges of using/misusing alcohol and other drugs, the HOPES program also utilizes the eight dimensions of wellness to mitigate substance misuse: physical, emotional, intellectual, spiritual, occupational, financial, environmental, and social. By tending to students' holistic well-being, the HOPES program in conjunction with the UWC provides students with skills to care for themselves, including healthy coping strategies. By equipping students in this way and coaching them on how to tend to their eight dimensions of wellness, they experience an improved overall well-being which reduces stress and, in turn, can reduce substance misuse, especially in the cases of students using substances as a coping method.

Below is an inventory and assessment of all AWARE programs and HOPES programs listed above, as well as campus programs and initiatives for which data was available at the time this document was created.

Inventory of Campus Programs

Program	7220 Entertainment	
Description	7220 Entertainment offers over 25+ alcohol-free programs and activities during the academic year that include monthly Union After Dark, biweekly Cowboy Cinemas, and other special programming in collaboration with across campus entities.	
Location	Center for Student Involvement & Leadership	
Timing	Weekly	
Target	All UW students	
Classification	Universal prevention	
College AIM	ENV-4 Prohibit alcohol use/service at campus social events	
Category	Normative environment	
Data	2020-2021	Data not available
	2021-2022	Data not available

Union After Dark is the monthly themed late-night program in the Wyoming Union featuring free food, activities, and entertainment in the entire three levels of the building from 8pm – midnight. This program is offered 4 times each semester (8 per academic year) bringing between 300 – 700 students each month. Our most popular months are always August, October, January, and February. We intentionally close the pub or offer non-alcoholic mocktails during the event.

Special programs include one-off evening programs such as Murder Mystery, Thanksgiving Dinner, Violence Prevention collaborations (Bingo, Sexual Assault and Awareness Speakers, etc.) where we offered mocktails from Poke’s Pub and Game Room.

Fall 2021 – Summer 2022 all our programming in the pub area were alcohol free since the pub was under renovations. With the opening of Poke’s Pub this Fall 2022, most of our weekly programs are no longer alcohol-free* unless they fall on a Friday, or we request the pub to close and only offer mocktails for special programming.

*While the pub is open during our scheduled programs, the consumption of alcohol during our programs and programming space is limited

Future planning

We are collaborating with Multicultural Affairs for a few alcohol-free programs in the Spring. An idea we have been working on is a collaboration between the Wellness Center, Violence Prevention, Pokes Pub, and 7220 Ent for safe drinking education workshops

Program	Alcohol Education Seminar (AES)	
Description	Team taught by AWARE Program staff, AES is a three-hour group seminar modeled after the best practice, Alcohol Skills Training Program (ASTP; Fromme, et al., 1994). AES combines alcohol skills training, social norms clarification, harm reduction strategies, and motivational enhancement strategies to reduce high-risk drinking and secondary harms.	
Location	AWARE Program	
Timing	Monthly	
Target	Sanctioned students	
Classification	Indicated prevention	
College AIM	IND-8 Group education, skills training. In-person group.	
Category	Education	
Data	2020-2021	0 students*
	2021-2022	14 students

*AES was not offered in 2020-2021 Academic Year. Due to the COVID-19 Pandemic, all classes (and AWARE/UCC services) were transitioned to virtual programming on 3/30/2020, following an extended Spring Break. AES was not offered virtually during this time. The first AES to be offered post-pandemic was in September of 2021.

Program	AlcoholEdu for Sanctions (Regular and delayed)	
Description	AlcoholEdu for Sanctions® is a self-administered online tutorial designed to impart information about alcohol in a manner attractive to and appropriate for technology-savvy college students. Program content includes alcohol skills training, motivational enhancement strategies, harm reduction strategies, negative consequences, and social norms clarification. The program presents information in several formats, including brief audio and video clips, student scenarios, diagrams, statistical presentations, journaling, and short quizzes.	
Location	AWARE Program	
Timing	Assigned individually, 10-day deadline (+5 day extension as-needed)	
Target	Sanctioned students	
Classification	Indicated prevention	
College AIM	IND-19 Multi-component education-focused program (MCEFP), online, individual	
Category	Education	
Data	2020-2021	62 students
	2021-2022	81 students

Program	AlcoholEdu for Undergraduates/ AlcoholEdu for College	
Description	Designed for students entering college, this interactive online program uses the latest evidence-based prevention methods to create a highly engaging user experience, inspiring students to make healthier decisions related to alcohol and other drugs. Completion of the program is required of all new college students, and transfer students with less than 60 transfer credits. Students who have not completed the necessary requirements of the program have a Hold placed on their account and are unable to register for classes the following semester until they complete the course.	
Location	HOPES Program	
Timing	Students' first semester at UW	
Target	All first-year students and transfer students with <60 transfer credits	
Classification	Universal prevention	
College AIM	IND-19 Multi-component education-focused program (MCEFP), online, individual	
Category	Education	
Data	2020-2021	1,795 students
	2021-2022	1,772 students

UW just completed its fourteenth year of implementation of AlcoholEdu for College, a required program for all incoming UW first-year students and all transfer students with less than 60 hours. Here are highlights from the 2021-2022 academic year implementation of the program.

- 83% of UW students report that AlcoholEdu changed their perceptions of others' drinking behavior.
- UW students are most commonly drinking at an off-campus residence/at their own home.
- The most common drinking-related risk behaviors that UW students engage in are doing shots and pre-gaming.
- Drinking rates increased between the pre- and post-course surveys (separated by four-to-six weeks).

Everfi's Campus Prevention Network was acquired by Vector Solutions in 2022, which resulted in many changes and updates to the course. These changes will likely impact trend-data moving forward.

Program	A-Team	
Description	The A-Team is a campus/community coalition comprised of community members, UW students, staff, faculty, administrators, and law enforcement. The HOPES Program Coordinator co-chairs the coalition. The A-Team’s mission is “to develop, recommend, and assess best practices in policy, prevention, intervention, and enforcement to reduce underage drinking and excessive alcohol use.”	
Location	HOPES Program & AWARE Program	
Timing	Monthly, through the Academic Year, 12:00pm-2:00pm	
Target	Campus and Community partners	
Classification	Health promotion	
College AIM	N/A	
Category	Coalition	
Data	2020-2021	
	2021-2022	

A-Team is now co-chaired by the AWARE Program Coordinator and the HOPES Program Coordinator (Mr. Svare and Ms. Biertzer respectively). Members include the Vice President for Student Affairs, the Dean of Students, representatives from Residence Life & Dining Services, UW faculty, Admissions, Athletics, Fraternity and Sorority Life, UW Police Department, Laramie Police Department, SafeRide, UCC, Student Educational Opportunities, Associated Students of UW, Wyoming Technical Institute, and Albany County Coalition to Prevent Suicide and Substance Abuse, among others.

The A-team is guided by a strategic plan that it developed in 2009 and updated in 2018. Noteworthy accomplishments of the A-team include research into the feasibility of a medical amnesty policy; conducting an environmental scan; and bringing students, administrators, faculty, and law enforcement to the table on a regular basis to discuss alcohol issues. A copy of the strategic plan can be found in Appendix D.

In addition, A-team members have been involved in campus policy changes, local ordinances, and state laws. Members participated in the revision of the UW alcohol policy and serve on local and statewide committees. The Dean of Students served on the Governor’s Task Force to Prevent Impaired Driving; the Assistant Dean of Students served on the Wyoming Alcohol Laws Legislative Review Committee; and the AWARE Program Coordinator testified in front of the Wyoming Legislature on behalf of the A-team in support of stricter underage drinking laws. Other A-team members have presented to the Laramie City Council in support of proposed local ordinances including mandatory beverage server training, keg registration, stricter DUI enforcement, and social host laws. A-Team has also presented resolutions to City Council regarding alcohol law changes such as minors allowed in bars, and concerns with liquor establishments’ practices. In 2016, the Board of Trustees approved the sale of alcohol at sporting events. A-Team created a resolution to be presented to them, which became the basis of best practices used in the implementation of such change.

A-team members have also attended and presented at conferences including the US Department of Education’s Annual Meeting on Alcohol, Other Drugs, and Violence Prevention; the American College Health Association; NASPA’s Alcohol Abuse Prevention Strategies Conference; and several residence life conferences.

Program	Athletics, Conduct/Compliance	
Description	Students found in violation of a University of Wyoming, Student Athlete Handbook policy regarding substance use are required to meet with the UW Athletics Compliance Officer, and are assigned sanctions deemed appropriate for the situation. Most substance violations require completion of the AWARE program.	
Location	University of Wyoming Athletics, High Altitude Performance Center	
Timing	By appointment	
Target	All UW student athletes, found in violation of a substance policy	
Classification	Selective prevention	
College AIM	ENV-11 Enforce age-21 drinking age	
Category	Policy enforcement	
Data	2020-2021	32
	2021-2022	8

Program	Athletics Mental Health and substance use screenings	
Description	The University of Wyoming Athletics Director of Student Wellbeing hosts yearly, mandatory screenings for all UW student athletes. During this Biennium, student athletes were screened using a validated measure which assessed Depression (including suicide risk), Anxiety, Mood Disorders, PTSD, and substance use	
Location	University of Wyoming High Altitude Performance Center	
Timing	1-2 days, scheduled drop-in times	
Target	All UW Varsity student athletes	
Classification	Selective prevention	
College AIM	IND-27 Screening and behavioral treatments	
Category	Screening	
Data	2020-2021	327 student athletes
	2021-2022	Unknown

Program	Baseline Feedback Report	
Description	All students who enroll in the AWARE Program are required to complete a personalized Baseline Feedback survey prior to their first appointment. Upon completion of the survey, a personalized Feedback Report is generated for the student. During the initial one-on-one appointment, the AWARE staff member will go over the results of the Feedback Report with the student. AUDIT and CUDIT Assessment Inventories are incorporated into the survey and Feedback Report.	
Location	AWARE Program	
Timing	By appointment	
Target	Sanctioned students	
Classification	Indicated prevention	
College AIM	IND-26 Personalized Feedback Intervention (PFI), In-person, Individual	
Category	Screening, Education	
Data	2020-2021	98
	2021-2022	90

Program	Brief Alcohol Screening and Intervention for College Students (BASICS)	
Description	BASICS is a one-to-one alcohol use intervention that utilizes cognitive-behavioral strategies, motivational interviewing principles, and alcohol skills training. BASICS is recognized as a Tier One intervention according to the NIAAA Report.	
Location	AWARE Program	
Timing	By appointment	
Target	Sanctioned students	
Classification	Indicated prevention	
College AIM	IND-16 Brief Motivational Intervention, In-person, Individual	
Category	Education	
Data	2020-2021	50 students
	2021-2022	31 students

Program	Dean of Students, Conduct	
Description	Students found in violation of a Student Code of Conduct policy regarding alcohol or substances will meet with the Dean of Students Conduct Officer. Sanctions include requiring the student to complete the AWARE program. The data below includes all substance violations, however not all students will be sanctioned to the AWARE program (i.e., it is their third+ offense for the same substance).	
Location	Dean of Students office, Knight Hall	
Timing	By appointment	
Target	All students found in violation of a campus substance policy	
Classification	Selective prevention	
College AIM	ENV-11 Enforce age-21 drinking age	
Category	Policy enforcement	
Data	2020-2021	101
	2021-2022	118

Program	Green Dot & Violence Prevention	
Description	Green Dot is a bystander intervention program to reduce power-based violence such as sexual assault, relationship violence, and stalking. We include scenarios about alcohol/being intoxicated related to consent. We include a scenario about what to do if someone who is already drunk is getting pressured to keep drinking (and they choose which of the 3Ds they would do).	
Location	Dean of Students office, Knight Hall	
Timing	Multiple trainings per semester	
Target	UW students, staff, and faculty	
Classification	Universal prevention	
College AIM	ENV-6 Implement bystander interventions	
Category	Education, normative environment	
Data	2020-2021	Data not available
	2021-2022	196 participants

Program	Healthy Poke Patrol	
Description	Student volunteers that attend football games and ask students bystander intervention questions in return for beads to wear at the game. The program has been successful and students appear to enjoy and learn from the experience.	
Location	HOPES Program & UWC	
Timing	Home Football games	
Target	Students and community members	
Classification	Selective prevention	
College AIM	IND-5 Values clarification, in-person, individual and group	
Category	Education	
Data	2020-2021	9,700 beads were handed out
	2021-2022	9,800 beads were handed out

Program	National College Health Assessment	
Description	Every odd year in the spring since 2001, UW conducts the NCHA, a campus-wide survey of students' health behaviors, habits, and perceptions which includes data on alcohol and other drug use.	
Location	HOPES Program	
Timing	Spring of odd calendar year	
Target	UW student sample	
Classification	Health promotion, data collection	
College AIM	N/A	
Category	Assessment	
Data	2020-2021	See Appendix E
	2021-2022	See Appendix E

Every odd year in the spring since 2001, UW conducts the National College Health Assessment (NCHA), a campus-wide survey of students' health behaviors including alcohol and other drug use. Appendix E provides a summary profile of the UW survey completed in the spring semester of 2021. In general, UW is similar to most universities in many areas of collegiate alcohol use, with a few exceptions. Data from the NCHA suggest that UW students have historically exceeded national figures of students drinking and driving, binge drinking, fighting after drinking, having unprotected sex after drinking, and in alcohol having a negative impact on their academic performance. However, since we began administering the NCHA survey in 2001, we have seen significant improvements in multiple areas.

Of note are significant improvements in student drinking behaviors including:

- Increase in use of a designated driver from 71.4% in 2001 to 91.7% in 2019. This is higher than the national reference group at 87% and represents a 28.4% change.
- Decrease in students driving after five or more drinks in the past 30 days from 17.4% in 2001 to 0.9% in 2019. This represents a 94.8% change.

In Spring 2021, the updated NCHA III survey was used. This new tool prevents us from comparing data to previous versions of the survey, which will impact our trend-data reporting.

Program	Mental Health First Aid	
Description	Mental Health First Aid is an evidence-based training that is designed to teach participants how to intervene in potential crisis-situations regarding mental health and substance use concerns. Throughout the training, participants learn about various mental health and substance use disorders, and work through scenarios in which an individual is struggling with harmful thoughts and/or substances.	
Location	Wellness Center	
Timing	Multiple trainings per semester	
Target	UW students, faculty, staff, community members, and law enforcement	
Classification	Universal prevention	
College AIM	ENV-6 Implement bystander interventions	
Category	Education	
Data	2020-2021	N/A
	2021-2022	24 participants

Program	Residence Life and Dining	
Description	Students found in violation of a Residence Life and Dining policy regarding substances will meet the Residence Coordinator of their Hall, and may be required to meet with the Dean of Students Conduct Officer. Sanctions for substance violations include requiring the student to complete the AWARE program.	
Location	University of Wyoming, Residence Life and Dining	
Timing	By appointment	
Target	All students living in University housing, found in violation of a substance policy	
Classification	Selective prevention	
College AIM	ENV-11 Enforce age-21 drinking age	
Category	Policy enforcement	
Data	2020-2021	77
	2021-2022	62

Program	SafeRide	
Description	SafeRide is an on-call public transportation service that operates late nights on the weekends to offer nonjudgmental "safe" rides home. Rides are offered to UW students, faculty, staff, and Laramie community members and visitors. SafeRide's service areas include the Laramie city limits. There is no on-board fare.	
Location	UW Transportation and Parking Services	
Timing	Academic Year. Thursday, Friday, and Saturday nights from 9:00pm to 2:00am. Summer. Friday and Saturday nights from 9:00pm to 2:00am	
Target	UW students, faculty, staff, and Laramie community members and visitors	
Classification	Selective prevention	
College AIM	ENV-20 Implement safe-rides programs	
Category	Environment	
Data	2020-2021	11,586
	2021-2022	16,280

Program	Step-Up! Bystander Intervention Training	
Description	With National Alcohol Beverage Control Association funding, the Wyoming Liquor Division in partnership with the UW's AWARE Program introduced a bystander intervention training program called Step Up! which was officially launched in the Fall 2016 semester. Bystander intervention training gives students the necessary skills and tools to prevent a potentially dangerous situation from turning worse. While this training applies to many different situations, often alcohol use is involved in some of the most severe situations such as physical assault, sexual assault, and alcohol poisoning. This program has since transferred to the HOPES Program.	
Location	HOPES Program	
Timing	Cowboy Connect, prior to start of semester, varies	
Target	First-year students	
Classification	Universal prevention	
College AIM	ENV-6 Implement bystander interventions	
Category	Education	
Data	2020-2021	All first-year students
	2021-2022	All first-year students

In the Summer of 2019, HOPES developed an online course as a supplement/replacement to the Step Up! training. The transition of the bystander intervention training to an online format was required in-part due to the COVID-19 Pandemic and the restriction of small- and large- group gatherings. The online format also allows those students who are unable to attend new-student orientation to participate and complete the training. While it was offered and highly encouraged to all first-year students, not all completed it. Step Up! returned to in-person training for the Fall 2022 semester.

Program	Substance Use Assessment (SUA)	
Description	Any student who completes the AWARE Program, whether voluntary or sanctioned, will meet with an AWARE staff member for a 50-minute motivational intake and feedback interview. During this meeting, AWARE staff gather information from the student regarding the incident for which they are referred to the program (if indicated), as well as pertinent background information. Additionally, the AWARE staff member will go over the student's Individualized Feedback Report with the student. The interview consists of Motivational Interviewing and skills training, including harm reduction principles and practices.	
Location	AWARE Program	
Timing	By appointment	
Target	Sanctioned students	
Classification	Indicated prevention	
College AIM	IND-18 Brief Motivational Intervention, In-person, Individual	
Category	Screening, Education	
Data	2020-2021	98 students
	2021-2022	90 students

Program	Substance use screenings	
Description	UW uses the AUDIT and the CUDIT to screen individual students for alcohol problems. AWARE screens students as part of their substance use assessment, HOPES and UWC screens students during certain events and offers an additional space the service is offered outside of other potentially “stigmatized” spaces, the UCC screens students as part of their intake forms, and clinicians in the Student Health Center use the CUDIT to screen students.	
Location	AWARE, UCC, HOPES, UWC, Student Health Services	
Timing	By appointment	
Target	All students utilizing AWARE, UCC and SHS	
Classification	Selective prevention	
College AIM	IND-27 Screening and behavioral treatments	
Category	Screening	
Data	2020-2021	Unknown
	2021-2022	Unknown

Program	University of Wyoming Air Force ROTC	
Description	Air Force Reserve Officers’ Training Corps. Air Force ROTC cadets must report any contact with any legal authorities regarding DUI, narcotics/Cannabis possession, public consumption/possession of alcohol, or contributing to the delinquency of a minor within 72 hours of the interaction.	
Location	UW Air Force ROTC, Hill Hall	
Timing	By appointment	
Target	All UW Air Force ROTC students	
Classification	Selective prevention	
College AIM	ENV-11 Enforce age-21 drinking age	
Category	Policy enforcement	
Data	2020-2021	unknown
	2021-2022	2 students

Policies

Policy	University of Wyoming Alcohol and Other Drugs Policy: Appendix A to UW Regulation 2-39
Description	The purpose of this policy is to provide the university community with guidelines for the safe, legal, and responsible use of alcohol, to outline prohibitions for the use of illegal drugs, and to provide appropriate disciplinary sanctions.
Responsible Office	General Counsel
Link	N/A
	See Appendix A

Policy	Apartments & Residence Halls Policies & Procedures 2020-2021: Alcohol (p.2) and Smoking (p. 7)
Description	Showing respect to others, the University and personal property are the cornerstones of community living. Successful residential communities are based on resident's ability to accept responsibility for their behavior and by showing care and concern for others.
Responsible Office	Residence Life
Link	https://issuu.com/uwyo/docs/housing_dining22_policies_procedures
	See Appendix F

Policy	Student Code of Conduct: Responsibility (p.14)
Description	Through the Student Code of Conduct, the Dean of Students Office strives to reduce and prevent behavior that undermines academic success and that negatively detracts from the educational mission of the University; to ensure the health and safety of students and the community; to provide timely support and resources for students; and to prevent violence in and around the University community.
Responsible Office	Dean of Students Office
Link	https://www.uwyo.edu/dos/_files/docs/2022-student-code-of-conduct.pdf
	See Appendix G

Policy	Student Athlete Handbook
Description	UW student-athletes are representatives of not only their team, but also of the University. UW student-athletes are expected to behave both on- and off-campus in a manner which brings credit to the University and your team. This handbook outlines specific policies and guidelines that UW student athletes are expected to follow.
Responsible Office	UW Athletics, Compliance
Link	(PDF) - University of Wyoming Athletics (gowyo.com)
	See Appendix H

Policy	Outdoor Programs Activity Risk-Release
Description	Release, Assumption of Risk & Agreement to Hold Harmless contract for students/ individuals participating in any activities offered by, or otherwise facilitated by the University of Wyoming Outdoor Program.
Responsible Office	UW Outdoor Programs, Campus Recreation
Link	N/A
	See Appendix I

Policy	Recreational Sports Alcohol Conduct Policy
Description	Policies of conduct and substance use for UW Recreational Sports
Responsible Office	UW Recreational Sports, Campus Recreation
Link	N/A
	See Appendix J

Policy	UW Air Force ROTC policies
Description	Air Force Reserve Officers’ Training Corps
Responsible Office	UW Air force ROTC
Link	N/A
	See Appendix K

AOD-related highlights/ Significant Accomplishments

- 2002. A-Team
 - April 15, 2002, Executive Charge put forth by Dr. Leellen Brigham, Vice-President of Student Affairs
- 2005. Cowboy CHOICES 180 Proof Peer Education
 - University of Wyoming received a 3-year CHOICES grant from the NCAA to start a peer education program.
 - Eventually changed to ‘Cowboy Up Peer Education’
- 2008. “Model Program” award from the U.S. Department of Education
 - Including \$125,000 grant to assist with enhancement and evaluation of the program
- 2009. Award from the Governor of Wyoming for the Prevention and Education of Impaired Driving
- 2009. “Silver Excellence” award from NASPA
- 2010. “Silver Excellence” award from NASPA
- 2010. “Presidential Leadership” award from *Outside the Classroom, Inc.*
 - Including a \$20,000 donation, which covered the costs of a 3-year subscription to Student Health 101, an online health education magazine disseminated to all UW students
- 2013. The Collegiate Recovery Program at UW became a recognized student organization
- 2016. First alcohol sales at University of Wyoming athletic events

- Beer and wine for sale at home football and basketball games
- 2018. The Collegiate Recovery Program was allocated a Recovery Resource Room
 - UW was granted \$10,000 from the Stacie Mathewson Foundation to jumpstart a collegiate recovery community
- 2018. Healthy Poke Patrol
 - Wellness Center and AWARE staff interact with spectators at home Football games. Alcohol safety and awareness education
- 2019. Established the Healthy Options for the Prevention and Education of Substances (HOPES) Program, including the hiring of Program Coordinator Ms. Aleah Biertzer, M.Ed.
- 2020. BASICS Training
 - *Brief Alcohol Screening and Intervention for College Students*
 - Both Mr. Svare and Ms. Biertzer attended a full-day training located on the University of Colorado – Denver (CU-Denver) campus.
 - The training was facilitated by Diane Fedorchak of UMass Amherst
- 2020. Successfully transitioned all campus substance misuse prevention and education efforts to digital mediums as a result of COVID-19 Pandemic.
- 2021. ASUW passed an AOD Special Project for date rape protection products to disperse throughout the UW community as well as community bars.
- 2022. Naloxone Training.
 - Mr. Svare and Ms. Biertzer attended a fentanyl overdose prevention and Naloxone training at the University of Colorado – Denver campus.
- 2022. Sober tailgate partnership with Colorado State University (CSU) for the Border Wars football game through Sober AF Entertainment.

Program Strengths and Weaknesses

Primary Strengths

A major strength of AWARE and HOPES is that they utilize evidence-based best practices and a comprehensive approach to prevention that has been proven effective across the nation at institutions of higher education (NIAAA, 2002). For its diligent work in this area and close attention to program evaluation, AWARE has received numerous prestigious awards.

Collaboration

A significant strength of the AWARE and HOPES programs are the working alliances and partnerships that have been established with campus, local, state-wide and national organizations.

Campus partnerships

- Dean of Students
- Residence Life and Dining Services
- Admissions
- Athletics
- Fraternity & Sorority Life
- University Police Department
- Associated Students of the University of Wyoming (ASUW)
- Student Health Services

- Various academic departments (Psychology, Counseling, Kinesiology and Health Promotion, etc.)
- Campus Recreation and Wellness Center
- University Counseling Center

Community partnerships

- Laramie Municipal Court
- Albany County Circuit Court, 2nd Judicial District
- Albany County Prevention Specialists
- Coalition to Prevent Suicide and Substance Abuse (COPSSA)
- Prevention Management Organization of Wyoming
- Laramie Police Department
- Laramie Town Gown Association

State-wide

- Community Colleges (WyoTech and LCCC – Albany County campus)
- Wyoming Department of Health – Substance Abuse Division

Support from students for activities and services

- AWARE is consistently called upon by student organizations to conduct presentations and educational programs and activities
- Students have also been involved in the A-Team Coalition, including joint resolutions brought to City Council with the Student government
- Wellness Assistants and the registered student organization Wellness Ambassadors assist HOPES with presentations, social norming marketing, and events
- Associated Students of the University of Wyoming (ASUW) student government and the Student Wellness Advisory Board (SWAB) work together to bring forward student concerns and find resolutions. ASUW passed an AOD Special Project for date rape protection products to disperse throughout the UW community as well as community bars. They have also worked on a Medical Amnesty policy proposal, which 83.5% of UW students are in support of enacting some type of medical amnesty policy.

Finally, the strong administrative support and oversight for the AWARE and HOPES programs are a strength. Upper administrative support comes from groups such as the President, the Vice President of Student Affairs, Academic Affairs Office, the Dean of Students Office, ASUW, and a multitude of programs. Such support is paramount for continued growth and strengthening of our alcohol and other drug misuse prevention policies and practices. Overall, the strengths of the AWARE and HOPES programs make them healthy and vibrant programs. However, they are not without its challenges, which shall be addressed in the following section.

Development of Marijuana Education Protocol

AWARE continues to accept referrals for students who have been sanctioned to the program for Cannabis use or possession.

Continuing education

Both Mr. Svare and Ms. Biertzer are members of NASPA and attend national and regional conferences and workshops.

Challenges/ Weaknesses

Physical location and departmental oversight

The AWARE Program began as a sub-section of the UCC, then was transitioned to the UWC, and is now located within the UCC again. Since the services offered by AWARE are educational, not clinical, its' location in the UCC could be confusing.

Nature of student drinking

The second primary challenge for the AWARE and HOPES Programs stems from the nature of college student drinking. This is a ubiquitous problem and is related to so many factors outside of the current purview of the AWARE Program, that developing a program that is not only meaningful, but effective, is a continual challenge. Therefore, establishing the best practices in program delivery will continue to be critical as AWARE and HOPES further develop strategic plans of action for the next 5-10 years.

Evaluation of prevention efforts

One of the adages of prevention work is "you can't prove something didn't happen." Furthermore, an extensive high quality, valid, and reliable external evaluation is expensive and requires financial resources that are not available within the AWARE or HOPES budget at this time. Therefore, we must begin to look beyond simple numbers and start assessing students based on qualitative changes, which may coincide with behavioral or quantitative changes. The reason for this is obvious, that the programming we do should be meaningful and transformative, and therefore, we need to measure how effective it is in changing the way people see their and other's alcohol and drug use. To create an evaluation plan that captures both qualitative and quantitative measures will indeed continue to be a challenge.

Social perception and acceptance of recreational Marijuana use

In 2014, marijuana was legalized for recreational use in the state of Colorado, and due to its' proximity to Wyoming and the easy accessibility, we will continue to see students who may obtain it legally in Colorado but experience significant legal consequences in Wyoming. During the 2020 election, the surrounding states of Montana and South Dakota approved marijuana ballot measures. In 2021, marijuana was legalized for recreational use in Montana.

Campus-wide prevention initiatives and buy-in

Another challenge for the AWARE and HOPES Programs is weaving prevention activities into the fabric of the University. Though it is imperative for the University to maintain a program whose focus is alcohol and other drug misuse prevention, the issue goes well beyond a single office. Much the same way that each office thinks about leadership development or diversity initiatives in their programming, so too should offices think through alcohol and drug misuse prevention issues. The reason for this campus-wide saturation is the possibility for so many negative ramifications on college campuses. According to the organization College Drinking Prevention, each year, over 1,800 college students die from alcohol related accidents; 97,000 sexual assaults occur; 500,000 students are injured from over-consumption; 600,000 students are hurt by someone else who has been drinking; 400,000 students engage in unsafe sex due to or after over consumption of alcohol, and 25% report academic impacts of their drinking. None of these reflect the mission of the University and should be a concern to faculty, staff, and students alike.

Lacking robust evaluation of campus-wide efforts regarding alcohol and other drug policies

Historically, the Biennial Review has included a robust and extensive review and evaluation of the efforts and programs provided by the AWARE Program. Moving forward, it will be important to gather additional data from our campus partners regarding individual organizations' alcohol and drug policies, violations and sanctions, as well as any prevention efforts or programming utilized by individual departments.

Turnover

Historical and current staff turnover at the University of Wyoming has been and remains a challenge. It has proven to be difficult to build and maintain a robust substance misuse prevention and education program when there is a lack of continuity between stakeholders on campus.

COVID-19

The COVID-19 Pandemic posed a significant challenge for the AWARE and HOPES Programs. According to a study conducted by the Kaiser Family Foundation, during the pandemic people in the United States reported a 12% increase of alcohol and substance use, impacting college-aged students (Panchal et al., 2020). As a campus we continue to explore ways to effectively address increases in alcohol and substance use. The UW campus transitioned from in-person classes and services to primarily distance and virtual offerings. The AWARE Program continued to offer services for students online, utilizing a HIPAA-compliant version of the virtual interface platform *Zoom*. The pandemic, and the transition to online and virtual learning and service delivery created a barrier to service for students.

The HOPES Program also had to transition to online and virtual program offerings as well as cancel certain programs for the time being, including Healthy Poke Patrol among others. A-Team meetings were cancelled for the Spring 2020 semester after the March meeting but were moved to *Zoom* for the Fall 2020 semester. Programs that are intended to be facilitated in-person, like Step Up!, had to be transformed into an online Canvas course. Through this medium, students are not receiving that training face-to-face within a group of their peers where open discussion can occur. Step Up! has been studied and shown to be effective, but in in-person environments. The effectiveness has not been studied through a digital setting. Additionally, Step Up! is a national program, and they did not offer an online version of the training, leaving the creation up to each professional at each campus using Step Up!.

Annual Distribution Protocol

Distribution of the Alcohol Policies takes place via a variety of mediums. Each Fall, the Office of General Counsel sends by US Mail a Consumer Information brochure to all registered students and all UW employees. This brochure includes (in fact, it is the major component of the brochure) the Alcohol and Other Drugs Policy in its entirety. Printed copies of this policy are also available to prospective employees through the Human Resources Department. UW employees also receive an 'Annual Notice Regarding the Drug-Free School and Communities Act of 1989, and the Drug-Free Workplace Act of 1988' via email at the start of each Fall semester. The email includes a brief description of the policy, and links to the policy and appendix.

The Alcohol and Other Drugs Policy can be found in Appendix A and is also available on the UW website for anyone to access at: <http://www.uwyo.edu/generalcounsel/files/docs/uw-reg-2-39.pdf> .

The policy is also distributed (in an amended form) to all students who are residents in the Residence Halls—who have added stipulations based on students residing in on-campus housing facilities as well as university apartments.

https://issuu.com/uwyo/docs/housing_dining22_policies_procedures

Conclusions and Recommendations

In response to UW's 2019 Biennial Review recommendations, we expanded the scope of this review to include a more thorough institutional review, rather than an evaluation of just the AWARE and HOPES Programs. A list of current recommendations for improvement is included below.

Refine foundational documents for HOPES Program

With the HOPES Program being new as of Fall 2019, some key documents are still being refined. Such documents include a mission and vision, overall goals of the program, a strategic plan, and a logic model. Such documents will lend a clearer direction for the program and further establish it on UW's campus.

Revamp and relaunch CRP

In 2014 the University of Wyoming established a Recognized Student Organization for students in recovery, called the Collegiate Recovery Program (CRP). In 2018 the University received a \$10,000 grant from the Stacie Mathewson Foundation to establish a dedicated space for the CRP. Since the space was established and furnished the program continued to gain interest and membership. During the 2019-2020 Academic Year, both the leadership of the CRP and the AWARE Program were in-transition. The former president of the CRP was unable to continue with the duties and obligations of the organization, and no successor was named. Additionally, the new Coordinator of the AWARE Program, Mr. Svare was unable to identify past members of the CRP or to establish any new membership. It is a goal, and a priority, of the HOPES and AWARE Programs to re-establish the CRP as a Recognized Student Organization at UW and to utilize the space for the purposes of the group. Worth noting, is that a former Graduate Assistant for the AWARE Program, Dr. Tess Kilwein, who was instrumental in earning the grant for the dedicated space, returned to the University of Wyoming to fill a position in the University Counseling Center. Dr. Kilwein has offered her assistance with the re-building of the program.

Update AWARE strategic plan since pieces moved to HOPES

As previously mentioned, the start of the 2019/2020 Academic Year marked the establishment of the HOPES Program on campus. Prior to the establishment of the HOPES Program all campus AOD education, intervention and prevention duties and activities rested solely with the AWARE Program. Since HOPES was established however the two programs now share responsibility for all AOD initiatives on campus. AWARE now focuses primarily on individual-level education and intervention, and HOPES provides macro-level upstream intervention on the campus. Since this division of duties, each program is tasked with identifying a strategic plan regarding the appropriate duties and responsibilities. Some aspects of the current AWARE Strategic Plan will remain with AWARE, while some are better suited for HOPES. While the two programs work in tandem and the end-goal remains the same, the programs do provide separate and distinct services to the UW community and therefore each will need to identify and create an appropriate strategic plan.

Implement Red Watch Band for UW campus

The Red Watch Band bystander training is an hour course that provides students with the knowledge, awareness, and skills to prevent alcohol misuse and alcohol poisoning. The mission of Red Watch Band is to provide students of the college community with the knowledge, awareness, and skills to prevent toxic drinking deaths and to promote a student culture of kindness, responsibility, compassion and respect.

Update campus alcohol and other drug policies

All alcohol and substance use policies within the University of Wyoming campus should be reviewed and updated as needed in collaboration with General Counsel. Possible updates may include the misuse of legal drugs and a medical amnesty policy.

Resources

Personnel

The AWARE Program operates under the direction of the UCC and Director Dr. Toi Geil, PhD. AWARE is coordinated by Jason Svare, MS, PPC, a senior staff member of UCC, and supervises one GA position, currently filled by Psychology doctoral student Nicholas Livingston. The HOPES Program operates under the direction of Campus Recreation – UWC and Assistant Director of Wellness Ms. Lena Newlin M.P.H., C.H.E.S. HOPES is coordinated by Aleah Biertzer, M.Ed. and co-supervises a team of Wellness Assistants and Health Promotion Interns.

Funding and Budget

AWARE is funded out of the University's unrestricted general operating budget, which is partially comprised of student fees. The program also obtains a portion of funds from federal grants, particularly, federal financial aid given to GA(s).

Remaining funds are budgeted for online programs including IMPACT Feedback and FOUNDRY (AlcoholEdu & SAPU). What is left can be used for office supplies, educational programming, travel and professional development, coalition maintenance, peer education, running the AES, printing, buying educational materials, etc. A final source of budgetary dollars comes from occasional soft monies, generated through grants or other contributions.

HOPES is funded out of the Campus Recreation and Wellness Center general operating budget, which is comprised of UW student fees. The budget covers one full-time HOPES Program Coordinator and minimal programmatic needs. The UW Athletics Department also provides funds from stadium alcohol sales to cover the costs of a Graduate Assistant.

Software Programs

AWARE is dependent upon four software programs for its day-to-day operations. First, we utilize Microsoft Office 365 which includes Microsoft Teams. Microsoft Teams is utilized for AWARE Staff meetings and a Planner feature which is used to track students through the process of the program. Second, we purchase an annual subscription to IMPACT Feedback to assist with the AWARE surveys. IMPACT Feedback also acts as the primary database and is where student files, release forms, intake and progress notes, and administrative notes are kept. For scheduling, AWARE utilizes the web-based scheduling program Acuity Scheduling. Finally, we use AlcoholEdu for Sanctions as an intervention option for students who have been referred to the AWARE Program. In addition to the four programs listed above, AWARE also utilizes the web interface platform *Zoom* to conduct student meetings virtually. AWARE utilizes a local program which provides an encrypted, HIPAA-compliant version of the software at request. HOPES also utilizes Microsoft Office 365, Zoom, and the Foundry platform in which AlcoholEdu and SAPU reside.

Equipment

Equipment for the AWARE Program is limited and consists of two desktop computers, two printers, one laptop, one projector, one I-Pad, and standard office supplies. Equipment for the HOPES Program is also limited and consists of one desktop computer, one laptop and additional computer monitor, and standard office supplies.

Facilities

The AWARE Program has two offices which are located just outside of the UCC in Knight Hall 336 and 338. All paper files are maintained within the main office of the UCC in Knight Hall 341. The HOPES Program has one office, 107c, located in the UWC within Campus Recreation's Half Acre facility.

Other Resources

The primary resources for the AWARE and HOPES Programs are human resources. There is also an AWARE Program Procedures Manual and staff training binder. Other resources include materials and training provided by the Laramie Police Department, the State of Wyoming Department of Health-Substance Abuse Division, the U.S. Department of Justice Drug Enforcement Administration, NASPA, and the Higher Education Center.

Appendices

All appendices